



**CENTRA  
MEDICAL GROUP**

Stroobants Cardiovascular Center

# Basics of Echo Appropriate Use Criteria<sup>1</sup>

## Heart Failure

- **Yearly** for known diastolic or systolic heart failure (even if no symptoms or exam change)

## Valve Disease

- **Yearly**
  - Moderate or severe stenosis (even if no symptoms or exam change)
  - Moderate or severe regurgitation (even if no symptoms or exam change)
- **Every 3 years**
  - Mild stenosis (even if no symptoms or exam change)
- **Prosthetic valves<sup>2</sup>**
  - Baseline
  - Bioprosthetic valves for annual echos after 5 years (note AUC after 3 years)
  - Mechanical valves should not have surveillance exams unless symptoms

## Arrhythmias

- Frequent PVCs or exercise induced PVCs
- Sustained or nonsustained Afib, SVT, VT

## Pulmonary Hypertension

- Suspected pulmonary hypertension and evaluation of RV function

For more information, appointments or referrals, call

**434.200.5252**

1 J Am Coll Cardiol 2011;57:1126–66.

2 J Am Coll Cardiol 2008; 52: e1-e142.